

# **THREE 'LEADING FOR LEARNING' PROVOCATIONS**



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Cognitive

TAKE A LITTLE TIME TO THINK.

Rummage

What is **really** happening?



# PROVOCATION 1



“Inclusion has become a barrier to inclusion”

(O’Brien, 2020)

O'BRIEN, T. (2020)

Has inclusion become a barrier to inclusion?

Support for Learning 35 (3)

COMMON, DISTINCT AND INDIVIDUAL NEEDS

EVERYONE IS THE SAME

GROUPS OF PEOPLE ARE SIMILAR

EVERYONE IS DIFFERENT

(O'Brien, 1998; 2000; 2005; 2015 (inner Story); 2020)

# PROVOCATION 2





# Inner Story



Understand Your Mind

Change Your World

**Dr Tim O'Brien**

Warm

Competent

Rapid decision

Cold

Incompetent

Howe et al (2017). **Harnessing the Placebo Effect. Exploring the Influence of Physician Characteristics on the Placebo Response.**  
Health Psychology 36 (11)

**Warmth and Competence** alleviated the allergic response quicker than coldness and incompetence.

People are (unconsciously) judging if you are warm and competent

“Your brain is  
always searching  
for patterns to  
**make meaning**  
out of your  
experience”

(O’Brien, 2015)



**STOP**

**CHECK YOUR PATTERNING**

# PROVOCATION 3



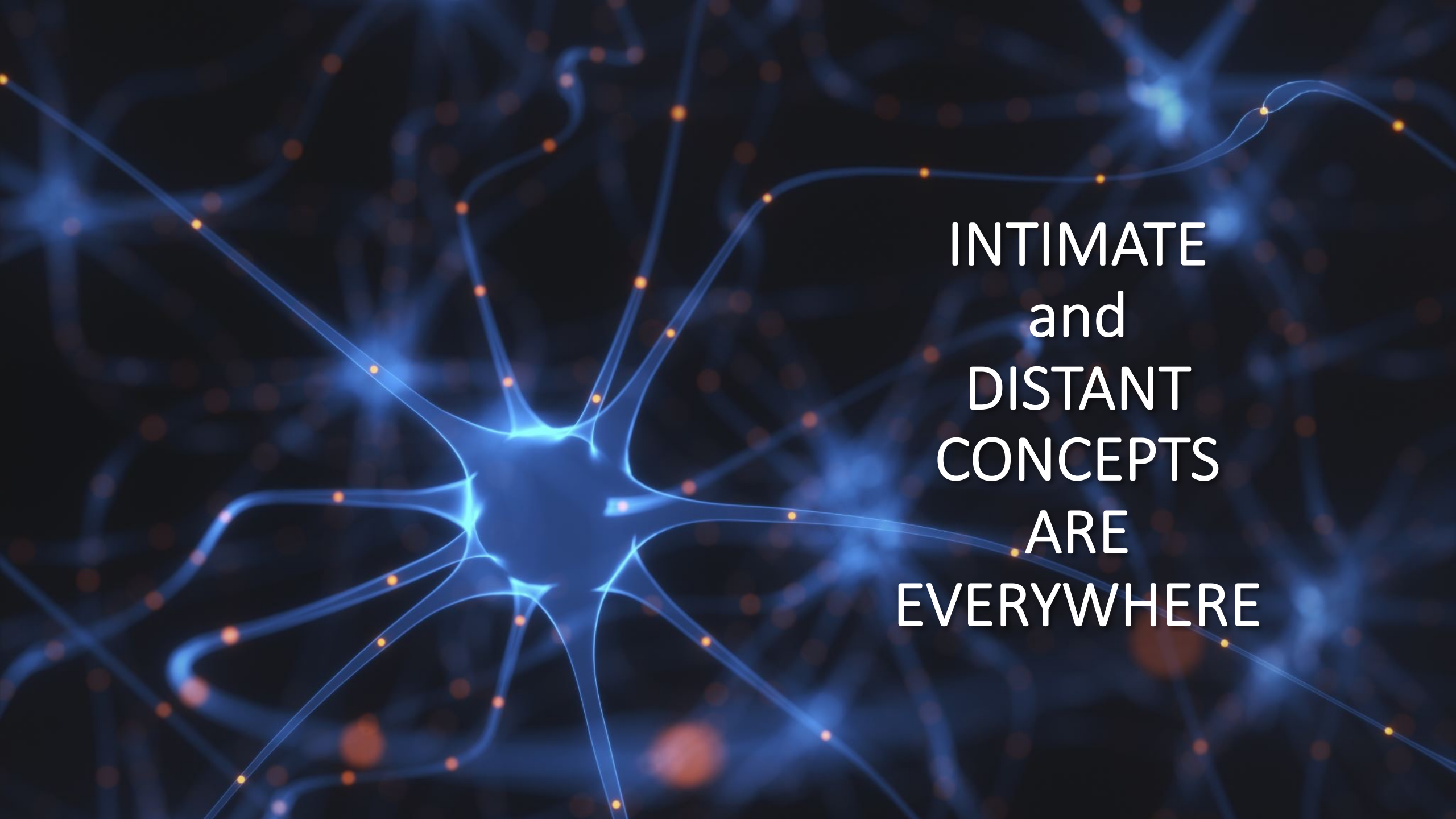
We need to focus on the wellbeing and mental health of leaders, teachers and education staff

# WELLBEING: HOW WE MAKE SENSE OF IT AND WHAT THIS MEANS FOR TEACHERS

O'BRIEN, T. AND GUINEY, D. (2021)

Support for Learning 36 (3) 342- 355





INTIMATE  
and  
DISTANT  
CONCEPTS  
ARE  
EVERYWHERE

# WELLBEING IS...

**COMPLEX** – is it happiness? Positive mental health? Do different jobs have their own wellbeing? Can it be measured?

Wellbeing , Welfare, Wellness – are they the same?

FLUID

SLIPPERY

CONTESTED

# Dimensions of Wellbeing

## **Hedonic Wellbeing**

Happiness, joy (absence of pain) but is this sustainable?

## **Eudaimonic Wellbeing**

( Greek: 'eu' good, daimon 'spirit')

Striving for meaning, purpose, self-fulfillment, growth but doesn't connecting an ancient philosophical concept with wellbeing just make it more complex?



What is the worst that can happen?

What is the best that can happen?

What is likely to happen?

