Supporting the Professional Learning of School Leaders and Teachers

# Leadership Team Coaching – the experience of ETB School Leaders

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# 1:1 Coaching for Principals in Schools (Since Jan 2017)

One to One Coaching started	1345
Coaching Completed	693
Primary	1008 (30%)
Post Primary	337 (46%)

# Team Coaching in Schools (Since Jan 2020)

Team Coaching	
Primary	289 (9%)
Post Primary	114 (16%)



### **Focus of Coaching sessions**

- Sustaining themselves in the role
- Resolving a conflict
- A coaching approach to performance management/review.
- Planning curriculum.
- Designing a new leadership structure.
- Developing the teamwork of staff.
- Supporting effective classroom management





## What coaching has offered to Principals and schools to date

- Greater self-awareness impacting the emotional aspect of leading
- Greater sense of work/life balance



- Refilled their emotional, mental and spiritual reservoirs
- Embraced and developed new mechanisms for coping with the challenges of school leadership



## What coaching has offered to Principals and schools to date

- Identified what courage feels and looks like for them
- Prioritised sustainability
- Evidence of retention



- I moved from "Come to me with a problem and I will solve it" to
  - "I will coach you through your options."(NAP)

#### Challenges

- The desire for quick fixes
- Time
- Change blockers preventing others accessing coaching
- Deficit model of coaching
- The "sacrifice syndrome"
- Seeing selfcare as an unselfish act
- Needs a whole school approach





## Applying











Brian Crowley

Louise Cunningham

Fiona McKeever

Denise Kelly

- Log onto www. Centre for School Leadership and go to the Coaching section of this website( Will shortly be available through the Oide Website)
- Select your Region (or any other region)
- Read the Bios of the Coaches
- Call the number and set up a Chemistry Check
- Engage a coach for four 1:1 Sessions
- Engage same coach (or another) for 4 sessions of Team Coaching
- Totally funded by DE



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