

External Resources for Guidance Counsellors

This document contains information on some EXTERNAL resources for Guidance Counsellors - in support of students. This document was collated to support Guidance Counsellors in their approach to Whole School Guidance and to ensure Guidance Counsellors have access to a variety of external supports.

This document may be appended to the Whole School Guidance plan or may be a 'standalone' resource for Guidance Counsellors and other members of staff.

This document is not final nor exhaustive, it will need to be reviewed regularly.

Index of external resources available to Guidance Counsellors as summarised in the External Resources for Guidance Counsellors webinar, March 2022

Agency/Company	Resource Name	Purpose of Resource/Short Summary	Available at
Trinity Access 21	The Staff Room	This is a space where post primary teachers can engage in a community of practice, find and share resources and lesson plans and chat with other teachers and the Trinity Access Team. The site contains resources on pathways to college, Leadership in learning, and Mentoring.	www.thestaffroom.ie
Publicjobs.ie	Schools Micro Site	The Public Jobs Schools Resource Kit is a new programme for second-level students that aims to spark interest in the wide variety of career opportunities that are available across the public sector. The Resource Kit is accessible to over 720 post-primary schools throughout Ireland and is available in both Irish and English. It presents information about public sector careers in a new way for guidance counsellors and other teachers, building confidence around discussing career options in the public sector with students and their parents. Pages of particular note are Student Info, Teacher Resources and Career Profiles.	Schools (publicjobs.ie) Student Info (publicjobs.ie) Teacher Resources (publicjobs.ie) Career Profiles (publicjobs.ie)

Publicjobs.ie	The Pitch - the PublicJobs.ie Schools Advertising Challenge	<p>The Pitch is an exciting competition for post-primary students to express their creative, digital and communication skills, while learning about future career opportunities in the public sector. As part of the competition, students are challenged to create a 30-second video advertisement pitching the public sector as an attractive career pathway for their fellow students.</p> <p>The winners of The PublicJobs.ie Schools Advertising Challenge for best video(s) will be in with a chance to win some fantastic prizes that showcase the diversity of careers available in the public sector.</p> <p>The prizes include:</p> <ul style="list-style-type: none"> • Test those newfound media skills by interviewing the Taoiseach Micheál Martin on his career so far! • Discover all-action lifesaving skills with a trip to an Irish Coast Guard Rescue Coordination Centre or Helicopter Base! • Experience behind-the-scenes action and take part in a policing simulation at An Garda Síochána! 	The Pitch Competition (publicjobs.ie)
Publicjobs.ie	Job Search	Where you can find all the jobs that Public Jobs has on offer. There are on average approximately 300 job opportunities listed at any one time. This shows the variety of roles on offer within the public sector.	Job Search Find Civil & Public Jobs publicjobs.ie

Publicjobs.ie	Civil Service Career Path	Outlines a possible career path within the civil service, grade structures, role definitions, terminology and the benefits on offer.	Career Path in the Public Service publicjobs.ie
Publicjobs.ie	Our Recruitment Process	<p>Explains our recruitment process including typical recruitment timelines, glossary terms and detailed breakdowns of each stage of the process. There is also a link to an FAQ section.</p> <p>Other pages to take note of here are Application Advice, Test Advice and Interview Advice, all of which have lots of details, tips and links to sample tests.</p>	Our Recruitment Process publicjobs.ie Application Advice Public/Civil Service Jobs publicjobs.ie Test Advice for Public Jobs publicjobs.ie Interview Advice Advice for Public Service Jobs publicjobs.ie
Publicjobs.ie	Who We Recruit For	The Public Appointments Service through its website, publicjobs.ie , is the centralised provider of recruitment services for the Civil Service. We also provide recruitment services for the most senior roles in Local Authorities, leadership positions and Medical Consultant roles for the HSE, An Garda Síochána, and a range of specialist professional and technical roles throughout the Public Sector. We also support the appointments, by Ministers, to State Boards through our website at Stateboards.ie .	Who We Recruit For publicjobs.ie
PDST/DE	LCCS website	<p>(Under development)</p> <p>A portal for information relating to all things Computer Science.</p> <p>This site contains links to information targeted to different stakeholders including Students, Teachers and Guidance Counsellors.</p>	https://www.compsci.ie/lccs/

PDST	CompSci	CompSci.ie is a portal site created by and for teachers and students in Ireland and is part of the Scoilnet portal. The development of the site is a result of collaboration between Scoilnet, The Department of Education and Skills (Inspectorate) and PDST Computer Science.	https://www.compSci.ie/
NYCI Skills Summary	Skills Summary e-Learning course	Skills Summary is an easy to use online tool that captures the skills young people gain by participating in non-formal education; building their confidence so that they can better communicate the value of these essential skills to future employers. This free 30 minute online course is for all who work with young people and wish to explore the potential of the Skills Summary tool and how to use it.	https://learning.youth.ie/courses/skills-summary/
NYCI Skills Summary	Skills Summary Guide for Youth Work Organisations	This guide is for those who have the privilege of witnessing the flourishing of young people in real-time but still often worry that those young people get left behind in the competitive world of employment and further opportunities	https://www.skillssummary.ie/wp-content/uploads/2020/09/Skills_Summary_Guide_updated.pdf
NYCI Skills Summary	Skills Summary in Practice: How Youth Organisations are Using the Tool	Skills Summary tool can be used in a variety of ways and for a variety of purposes. Unlock the potential and get inspired! Read about how youth workers, tutors, support coordinators, artistic directors, youth information workers and others supporting young people in their skills development have been using the tool.	https://www.skillssummary.ie/wp-content/uploads/2021/09/Skills-Summary-in-Practice-How-Youth-Organisations-are-Using-the-Tool.pdf
NYCI Skills Summary	Measure the UBU outcomes with Skills Summary	This infographic illustrates the strong relationship between Skills Summary, as a development tool that measures young people's skill development progress, and the UBU Your Place Your Space 'seven personal and social development outcomes', that many youth work organisations are guided by in their practice.	https://www.skillssummary.ie/wp-content/uploads/2020/10/Infographic_Skills-Summary_UBU_Chart_new.pdf

NYCI Skills Summary	Skills Summary Offline version	You can't access Skills Summary online with your young people? We have a printable Skills Summary Offline Version available for you!	https://www.skillssummary.ie/wp-content/uploads/2020/09/Skills-Summary-Assessment.pdf
NYCI Skills Summary	Measuring impact of Youth Work with Skills Summary	It can be challenging and time consuming to demonstrate the positive impact of youth work on young people. Through Skills Summary, youth workers and other practitioners can access reporting to help track the progress the young people in your service are making and measure the impact of the youth and community work you are running.	https://www.skillssummary.ie/wp-content/uploads/2021/02/Measuring-Impact-Leaflet-Reporting-Feature-2021.pdf
NCCA	Leaving Certificate Computer Science Curriculum Specification	To understand the LCCS curriculum.	https://ncca.ie/media/3369/computer-science-final-specification.pdf
Jigsaw Schools Hub	Supports and challenges to our mental health	<p>Activities and resources which will help young people understand what supports and challenges their mental health. These are available to download in English and Irish.</p> <ul style="list-style-type: none"> - My World Survey 2 discussion on what helps young peoples' mental health and what hurts their mental health <p>Develop a young person's mental health literacy by responding to real life scenarios.</p>	https://jigsaw.ie/supports-and-challenges-to-our-mental-health https://jigsaw.ie/research-evaluation/my-world-survey/ https://youtu.be/tucShXh7Vgc https://youtu.be/GfbdPEzoKq8
Jigsaw Schools Hub	Youth Mental Health and Wellbeing Toolkit for Post-primary	The Jigsaw Schools Hub provides a toolkit of resources for post-primary schools to support school staff to build the mental health literacy of young people, support them to manage their mental health and to develop help-seeking skills. Each section of the toolkit is described in more detail below with direct links to the activities and resources.	https://jigsaw.ie/schoolshub/

Jigsaw Schools Hub	Exploring mental health and wellbeing	Activities and resources which will help young people define what is meant by mental health and wellbeing. These are available to download in English and Irish. <ul style="list-style-type: none"> - Post-it notes activity that generates discussion on images and words that represent mental health - Animation that explains Jigsaw's key messages on mental health and wellbeing Activity where young people add their ideas and learning about what is meant by mental health.	https://jigsaw.ie/exploring-mental-health-and-wellbeing/
Jigsaw Schools Hub	Mental health and wellbeing in your school	Activities and resources that provide an opportunity to discuss the impact the pandemic may have had on young people. These are available to download in English and Irish. <ul style="list-style-type: none"> - Junior cycle scenario Joe's story - Senior cycle scenario Rachel's story Think tank questionnaire.	https://jigsaw.ie/mental-health-and-wellbeing-in-your-school https://youtu.be/JFyPYmzLwiQ https://youtu.be/IWrRVbB7SO4 Think tank
Jigsaw Schools Hub	Managing feelings	Activities, resources and practical strategies to help young people develop their emotional vocabulary and to understand and validate their feelings. These are available to download in English and Irish. <ul style="list-style-type: none"> - Video: Jen Trzeciak, a former clinician with Jigsaw, describes the physical component, the emotional aspect and the thought, behind a feeling - Video: Tool for grounding when caught up with difficult thoughts and feelings - Video: 4x4 breathing technique - Tips for managing feelings. 	https://jigsaw.ie/managing-feelings https://youtu.be/vK1pn2JflQM https://youtu.be/4KI-P85xpZ4 https://youtu.be/CoGTIBkP3IU Tips for managing feelings
Jigsaw Schools Hub	Help-seeking and being hopeful for the future	Activities and resources that support young people to reflect and identify their strengths and encourage them to be hopeful for the future. <ul style="list-style-type: none"> - Video: Q&A with clinicians and Katy, a Jigsaw young volunteer, discussing identifying strengths. 	https://jigsaw.ie/help-seeking-and-being-hopeful-for-the-future https://youtu.be/rPFM7UiLuek https://jigsaw.ie/help-seeking-and-being-hopeful-for-the-future/#identifying

		<ul style="list-style-type: none"> - Community asset mapping which explores available mental health supports that exist in a community - Who can help? Scenario videos for junior cycle and senior cycle. Available in English and Irish. 	https://www.youtube.com/watch?v=JtQUIkfotnk https://youtu.be/6V8s6FY8Giw https://youtu.be/inaDsz_4BFc
Classroomguidance.ie	Video Guides	A selection of over 30 videos covering all the vital information that any guidance counsellor would like covered in around 5 mins.	Video Guides link
Classroomguidance.ie	Self-Evaluation tools	13 separate self evaluation quizzes. Ranging for career values, skills, interests, multiple intelligence, anxiety, anger, mobile phone addiction and more..	Self Evaluation Link
Classroomguidance.ie	Podcasts	45 Separate Podcasts in conjunction with Leaving Cert Guidance, all of them well worth a listen.	Podcasts link
Classroomguidance.ie	Skills Section	Classroom Guidance has broken all the Skills sectors from the National Skills Bulletin into easy to digest videos, presentations and quizzes. Giving you every chance of understanding this complex area.	Skills Section link

Classroomguidance.ie	Careers News and Events	A page with a weekly video on the upcoming careers events, a calendar where you can book these events and lots of other social media keeping you in the loop.	Careers Events link
CFES Brilliant Pathways	CFES Website	This website houses an abundance of resources for increasing college and career readiness through CFES' three core practices - mentoring, Essential Skills™, and pathways to college and career.	CFES Brilliant Pathways
AIB Future Sparks	Let's Talk About Careers	Developing my Career Awareness - a resource to introduce the world of careers to junior students. This would be ideal for use during College Awareness Week with first years.	AIB Let's Talk About Careers Link
AIB Future Sparks	Transition Pack	Developing Myself & My Learning: Transition to Post Primary School - a comprehensive resource covering the main areas of concern and adjustment for incoming 1st-year students. This would be best suited for use during the first weeks of secondary school as part of the wellbeing/guidance-related learning/tutor time. The NCGE Guidance Related Learning suite of resources would complement this very well.	AIB Transition Pack Link
AIB Future Sparks	CBA Skills Workshop	Developing Myself & My Learning: Preparing for the CBA journey ahead. This resource is an extensive bank of teaching resources to support students in first and/or second-year preparation for the CBAs. From research basics to acknowledging the key skills trajectory and learning opportunities; this is a flexible tool to support teachers and students alike.	CBA Skills Workshop Link

AIB Future Sparks	Moving up to Second Year	Developing Myself: A comprehensive resource for use with students entering second year. Designed as a self-reflective tool it should allow teachers/guidance counsellors/tutors to traverse a variety of content supporting the student's transition to second year.	AIB Moving up to Second Year Link
AIB Future Sparks	Key Skills Workshop	Developing Myself, My Learning & MY Career Path: Educating 1st & 2nd years on their key skills. This resource is an opportunity to check in on the learning capacity of skills within the junior cycle curriculum. The material could be used as a complete workshop or part thereof. The content allows the students to call out the many skills they already use and explore the possible long-term (career/life) benefits.	AIB Study Skills Workshop Link
AIB Future Sparks	Values Audit Focus on Me	Developing Myself & MY Career Path: Motivating for Senior Cycle, this resource is part of a set of AIB Future Sparks resources that target the transition to senior cycle via the Whole School Guidance avenue. This material incorporates the Classroom Guidance Values Audit, employing it to generate meaningful conversations around values and how this can impact our career and life choices.	AIB Values Audit Focus on Me Link
AIB Future Sparks	Career Awareness Task for Senior Transition	Developing Myself & My Career Path: An exploration into the world of work using Careers Portal videos and guide questions. This resource could be used with 3rd years to prepare for their transition conversions or with senior students as part of their Career Guidance	AIB Career Awareness Task for Senior Transition Link
AIB Future Sparks	CV Taster Lesson	Developing Myself & My Career Path: A resource designed to open the conversation on CV and skills development with students getting ready for the transition to senior cycle. Alternatively, this lesson could be used with seniors as a warm-up for their CV preparation. This material will work well followed by the 'A Winning CV' AIB Future Sparks resource.	AIB CV Taster Lesson Link

AIB Future Sparks	A Winning CV	Developing Myself & My Career Path: A comprehensive guide to crafting a competitive CV for senior students.	AIB A Winning CV Link
AIB Future Sparks	Eight Steps to Self-Assessment Success	Developing Myself & My Career Path: A step by step guide for seniors to self-assessment for use within career guidance class or in a 1-1 setting. This resource focuses on the benefits and rationale of each of the eight self-assessments included. There is a rationale included for each one and a self-reflection space provided.	AIB Eight Steps to Self-Assessment Success Link
AIB Future Sparks	H.R. Expert Advice for Job Application Success	Developing My Career Path: Using an expert featured on the AIB Future Spark's TV episodes, Dr. Ultan Sherman, this resource is a one-stop-shop to prepare seniors for their first HR and job application experience. Keywords: Career Guidance, Career Planning; Interview; CV; Human Resources; Job Applications	AIB H.R. Expert Advice for Job Application Success Link
AIB Future Sparks	Interview Workshop for Seniors	Developing My Career Path: A step by step guide for seniors on how to prepare for an interview. This resource is useful if used in conjunction with the above suite of resources and Careers Portal.	AIB Interview Workshop for Seniors Link
AIB Future Sparks	Wellbeing Skills Self-Assessment	Developing Myself: A suite of self-awareness self-assessments. These would be useful with a tutor group, as part of the wellbeing hours/guidance-related learning, as part of senior cycle RSE, guidance counsellor could also use this resource to enhance self-awareness and wellbeing conversations.	AIB Wellbeing Skills Self-Assessment Link

AIB Future Sparks	Study Skills Workshop	Study Skills/Learning Styles workshop. A comprehensive suite of resources covering various aspects of study skills, self-awareness, how memory works, motivation, organisation, learning styles, balance, and much more. This could be used with any age group, either as a full unit or part(s) thereof. It could also be delivered to TY with a view to running study workshops with juniors. Subject departments could use parts of this content to contextualise the conversation around study skills.	AIB Study Skills Workshop Link
AIB Future Sparks	Don't Sweat the Stress	A complete resource to use either as a stand-alone stress management intervention or using parts thereof, as needs arise. This material is based around Dr. Clare Hayes' anxiety awareness and acceptance story 'The Elephant & the Mouse'.	AIB Don't Sweat the Stress Link
AIB Future Sparks	Parent-Teen Communication	Using the AIB Future Sparks TV episode with Dr. Louize Carroll, this Teens Take Over episode delves into the parent/teen relationship. The material allows users to explore and discuss perspectives on this age-old topic.	AIB Parent-Teen Communication Link
AIB Future Sparks	Bank of Skills	A resource containing examples of the many skills you have and will develop over the course of this programme. This also provides an overview of how life skills may be divided up into different types - People, Personal, and Task skills. This resource is a helpful accompaniment for students who are exploring and evaluating their own skills, as well as a necessary resource for various AIB Future Sparks student worksheets.	AIB Bank of Skills Link

AIB Future Sparks	AIB Future Sparks TV	<p>Managing Myself & My Career Path: 55 episodes, many of which the topics and resources can support the work of the guidance counsellor</p> <p>A sample includes:</p> <ul style="list-style-type: none"> ● Teens Take Over - Mark Maxwell (Careers Advisor) ● Teens Take Over - Dr. Louize Carroll (Clinical Psychologist & Musician) ● Teens Take Over - Dr. Ultan Sherman - Human Resources ● Been There Done That - Emer O’Neill (PE Teacher, International Sports Person, Activist) ● Been There Done That - Aisling Lee (Technical Engineer) ● Been There Done That - Mark Baker (Accountant & Entrepreneur) ● Been There Done That - Grace Enemaku (Designer & Illustrator) ● Chatterbox 1 (Talk Show about Life Skills) - Breaking the Mould ● Chatterbox 2 (Talk Show about Life Skills) - Leadership is Learned ● Chatterbox 5 (Talk Show about Life Skills) - The Curve Balls will Come! ● Chatterbox 7 (Talk Show about Life Skills) - Finding Your Voice 	AIB Future Sparks TV Guidance Related Link
AIB Future Sparks	Saving for College	Check out our top tips for saving for college. Suitable for Senior Cycle students and their parents/guardians who are planning for third-level education.	AIB Saving for College Link
AIB Future Sparks	Managing Money	How often do you think about managing your money? We all only have a set amount, so it is important to make the most of it! This episode of Little Sparks will support the transition to college conversations about how to budget your savings for the future and also understand	AIB Managing Money Link

your disposable income. It is all about being sustainable over the long term, managing your money can provide peace of mind so it is important to think about and plan for.

Index of external resources available to Guidance Counsellors from a previous webinar on the same topic (September 2020)

{ [External Resources for Guidance Counsellors on Vimeo](#) }

Agency/Company	Resource Name	Purpose of Resource/Short Summary	Available at
CareersPortal.ie	CourseFinder	How to navigate the 'Coursefinder' using a range of integrated filters, including points, location, college, sector, interests, maths requirement, language requirement, QQI links etc. and tag your favourites to your own career file.	https://careersportal.ie/course/s/simple_search.php?default=1&txt=&cols_in=#results
CareersPortal.ie	Career Explorer	How to research the Careers Explorer to research over 1,000 occupations by education, entry routes, skills shortages, suitability, tasks & activities of each job, save to your career file and view live jobs.	https://careersportal.ie/career/s/index.php?default=1&txt=&sec_inc=#results
CareersPortal.ie	Apprenticeship Area	Search all live Apprenticeships by QQI Level, by entry requirement, duration, skills and qualities, training, work activities, career progression and search for vacancies.	https://careersportal.ie/career/s/index.php?default=1&types_in=2&txt=&sec_inc=#results

CareersPortal.ie	Career Sectors	Search the 33 most prominent career sectors to research all occupations, courses, and job opportunities. Hear from organisations and employees sharing their experience of working in the sector. Check what sectors have skills shortages, work experience placements, and opportunities with Irish or a third language.	https://careersportal.ie/sectors/index.php
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CareersPortal.ie	Work Experience Portal	Work Experience Portal for Students, Teachers and Employers. Post live work experience opportunities, search and apply for placements and lots of supporting resources for employers, schools, parents and teachers.	https://careersportal.ie/workx/index.php
CareersPortal.ie	Setting up Career File	Create a Student Career File on CareersPortal, accessible from any device at any time allows students (1 st -6 th Year) to view their individualised career portfolio including their Career Interest Profiler result, saved courses, occupations and apprenticeships & more.	https://careersportal.ie/user/register
CareersPortal.ie	Subject Choice	A comprehensive section is available on the site on choosing subjects both at Junior and Senior Cycle. Includes subject specific videos which highlights the subject details and how each subject links to different careers. We integrate Leaving Cert points history by subject and number of candidates.	https://careersportal.ie/school/subject_explorer.php

CareersPortal.ie	National Career Skills Competition	Students at 2nd level (TY, LCE, LCVP and LCA) complete a career investigation which is linked to their work experience placement and allows them to highlight the career skills they have developed – this competition is available to enter in both Irish and English.	https://careersportal.ie/career_skills/skills_competition.php
CareersPortal.ie	Guidance Counsellors Area	Support resources and lesson plans are provided in this section of the site which are entirely free for the guidance community and teachers or tutors to use.	https://careersportal.ie/guidance/index.php
CareersPortal.ie	Parents/Guardians Section	A comprehensive section for parents and guardians to support their students in making informed career and educational decisions. Also provide a “What’s Next” section for those who have just finished the Leaving Cert.	https://careersportal.ie/parents/index.php
CareersPortal.ie	Career Events Calendar	View all careers events nationwide, searchable by a range of categories; including provider, day, month and type of event.	https://careersportal.ie/media/index.php
CareersPortal.ie	Different Abilities Guide	A comprehensive guide on the impact of mental health, physical and intellectual disabilities on career choice. Includes contact information on professional bodies.	https://careersportal.ie/disability/az.php
Department of Education and Skills	Teaching Transforms webpage	A webpage with information to support and guide those interested in becoming a teacher	https://www.gov.ie/en/campaigns/teaching-transforms/?referrer=http://www.gov.ie/teachingtransforms/
Exit Entry	Guidance Counsellor Hub - Free features	Create your free Guidance Counsellor Hub account where you can access a number of features, including our Xplore hub. Click on the link where you can create your account, it only takes 5 minutes.	https://gc.exitentry.com/account/register
Exit Entry	Schools page	Get insight about the students using the app from your school.	https://www.exitentry.com/schools.php

Exit Entry	Student app	A free mobile app that connects students with opportunities using robust scientific assessments.	https://www.exitentry.com/student-app.html
Exit Entry	Xplore Worksheets	Exit Entry's Xplore hub, both in the student App and Guidance Counsellor Hub (Free section) provides students with an insight into companies, job roles, the world of work and student-centered organisations such as IWish, Intel, Emu Ink and the ISSU. These worksheets are filled with activities based on the Xplore organisations that can be completed at home or in class to support Guidance Counsellors and students.	https://drive.google.com/file/d/1bzFoLb3Al-p0PIwYkCF2AwtYRTeki0o/view
Exit Entry	Free Accredited Learning Modules for Post Primary Students	Provides information to Principals, Guidance Counsellors and Teachers regarding the free IBM accredited learning modules which can be accessed and completed via the Exit Entry app.	https://exitentry.hubspotpagebuilder.com/-temporary-slug-7691f49e-9d40-47f7-bdac-05185a075e20
JCT	Guidance Resource on the Impact of Stress		https://www.jct.ie/perch/resources/wellbeing/week-1-guidance-webinar.pdf
JCT	Guidance Resource on the Benefits of Mindfulness		https://www.jct.ie/perch/resources/wellbeing/week-2-guidance-webinar.pdf
JCT	Guidance Resource on Tackling Thoughts		https://www.jct.ie/perch/resources/wellbeing/week-3-guidance-webinar.pdf
JCT	Guidance Resource on Self-Compassion		https://www.jct.ie/perch/resources/wellbeing/week-4-guidance-webinar.pdf

JCT	Guidance Resource on Gratitude		https://www.ict.ie/perch/resources/wellbeing/week-5-webinar-guidance.pdf
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JCT	Guidance Related Units of Learning Webinar		https://youtu.be/S-Sw5AW7ew4
JCT	Guidance in Junior Cycle Wellbeing Presentation		https://docs.google.com/presentation/d/1DeYe1NqyAB3I-b8Wwq1mOUOBKjobDOyZde9SuRCro_Q/present?token=AC4w5VhFXbM8fsHnfsJcoteo9mIXLnZTog%3A1599219403395&includes_info_params=1&eisi=COHo1MO0z-sCFd0XqQEdwCoHtA&slide=id.p4
JCT	Elective Workshops	<p>Four resources that will be of interest to Guidance Counsellors</p> <ol style="list-style-type: none"> 1. Updated NCCA Wellbeing Guidelines 2021 for Ongoing Planning and Development of a Coherent Wellbeing Programme 2. A Framework and Resources for a Guidance Counselling Appointment to check in on Student Wellbeing 3. Addressing Anxiety around Loss and Grief within the Junior Cycle Guidance Programme 4. Coping with Stress Resources for the Junior Cycle Guidance Programme 	https://jct.ie/wellbeing/further_curricular_supports_for_wellbeing_programme/elective_workshops
Post-Primary Languages Ireland /Languages Connect	Career Guidance Work Experience Resource	This module is to accompany the Languages Connect Work Experience Student Activity Pack. This is a series of activities showing students how their personal skills developed during their work experience and in their language studies, can be beneficial for their future.	https://languagesconnect.ie/guidance-counsellors/
Post-Primary Languages Ireland /Languages Connect	Working with languages	A lesson plan with resources to highlight the importance of languages in one's life which ever path it will take.	https://languagesconnect.ie/guidance-counsellors/

Post-Primary Languages Ireland /Languages Connect	Languages in my life	Interactive online activity which offers students to reflect on the place of languages, now, in their work interest and in the future. This activity can be done independently.	https://languagesconnect.ie/guidance-counsellors/
Post-Primary Languages Ireland /Languages Connect	Language classes and online support	Opportunities for students to join languages classes or avail of online support for non-curricular languages	https://languagesconnect.ie/language-classes/
Post-Primary Languages Ireland /Languages Connect	#ThinkLanguages	An annual event to promote languages to TY students.	https://languagesconnect.ie/thinklanguages/
Post-Primary Languages Ireland /Languages Connect	TY Work Experience Activity Pack	This pack is for TY students who are going on work experience. It has activities students can do while on work experience or afterwards. Hard copies can be ordered for free through PPLI.	Hard copies can be ordered for free through PPLI. https://languagesconnect.ie/guidance-counsellors/ PPLI also have an Irish version of all this resource.
Post-Primary Languages Ireland /Languages Connect	LCA/LCVP Work Experience Activity Pack.	This pack is for LCA and LCVP students who are going on work experience. It has activities students can do while on work experience or afterwards.	Hard copies can be ordered for free through PPLI. https://languagesconnect.ie/guidance-counsellors/ PPLI also have an Irish version of all this resource.

P-TECH Network	Open P-TECH	Free Online learning platform – Digital Credentials in Emerging Technologies, Professional Skills Development and Career Readiness Supports.	https://www.ptech.org/open-p-tech/
Spotlight Skills	Spotlight LMS (Learning Management System)	Online lifelong learning platform and integrated portfolio. Hybrid learning units for students to learn, practice and showcase essential 21 st century competencies.	http://spotlightskills.com
The Teaching Council	Pathways to Teaching	Visual representation of pathways to primary and post-primary teacher registration	https://www.teachingcouncil.ie/Website/en/fileupload/Pathways-to-Teaching-.pdf
The Teaching Council	Curricular Subject Requirements	Outline of the subject requirements an applicant must meet before being allowed to enter the Professional Master of Education, and subsequently register as a post-primary teacher of the subject(s).	https://www.teachingcouncil.ie/en/Publications/Registration/Documents/Curricular-Subject-Requirements-after-January-2017.pdf

If you have any queries in relation to these resources, please e-mail:
ncgeinfo@ncge.ie