## **Ethical Research in Guidance Counselling**

## Checklist

For practitioner-researchers involved in research, the following reflective questions may be a helpful guide:

- How is research viewed in my school/organisation?
- Is there a school/organisation policy on carrying out research?
- Do I need ethical approval prior to embarking on the research?
- What do I wish to find out in my research?
- What will I do with the outcomes of the research?
- Who will benefit from my research?
- What are the risks for the participants involved?
- What are the risks for me, the practitioner-researcher?
- What are the risks for the research site (e.g. school, college)?
- Can I guarantee total confidentiality to the participants?
- How will the data be stored?
- How and where will the findings be disseminated?