

The Accomplishment Interview

Abstract

The Guidance Counsellor often plays a central role in supporting students in exploring and identifying skill sets. The Accomplishment Interview provides an opportunity to observe Kai Helmichk's and Dr. Spencer Niles modelling this process. In the role play, Kai recounts a recent life event of which he was particularly proud while Dr. Niles' guides the discussion through identifying and making overt the skills Kai has demonstrated as a result of this event. Throughout the video, Dr. Niles' notes that Kai has demonstrated self-reflection, self-assessment, research, resilience, communication, persistence, motivation and problem solving skills.

About the Participants

Dr. Spencer Niles

Dr. Spencer Niles is Professor and Dean for the School of Education at The College of William & Mary, in Williamsburg, Virginia. Previously, he served as Distinguished Professor and Department Head for Educational Psychology, Counselling, and Special Education at Pennsylvania State University and Professor at the University of Virginia. Dr. Niles is also Director of the Center for the Study of Career Development and Public Policy. He has taught career counselling in 22 countries and published over 130 articles, books, and book chapters.

Kai Helmichk

Kai Helmichk participated in The Accomplishment Interview in order to clarify the skills he has used in a recent life experience. In his early thirties and originally from Germany, he has been living in Dublin for several years and ran his own business there. He now works as a lifecoach in Dublin and is motivated to help people based on his own experience-

<http://www.kaihelmich.com/#!/home/mainPage>.